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MEXICAN FOOD RECIPES

5 INGRIDIENTS MOLE

INGREDIENTS

PASILLA CHILE 50G MULATO CHILE 20G RAISINS 70G 4 GARLIC CLOVES CHOCOLATE TABLETE (LA ABUELITA) CHICKEN BOUILLON CUBES (KNORR) SALT PEPPER OIL

DIRECTIONS

1. CLEAN THE CHILES, REMOVE SEEDS AND VEINS.

2. ROAST THE CHILES, RAISINS, AND GARLIC IN A FRYING PAN. (DON'T OVER ROAST OR CHILES WILL TASTE BITTER)

3. SOAK AND SOFTEN THE CHILES IN HOT WATER.

4. BLEND THE CHILES, THE GARLIC, AND THE RAISINS WITH 2 CUPS OF WATER.

5. IN AN OILED PAN, FRY THE PASTE AND ADD THE CHOCOLATE TABLET AND THE CHICKEN CUBE.

6. ADD A BIT OF WATER AND COOK FOR 5 MIN WHILE STIRRING.





TACOS AL PASTOR

INGREDIENTS

ADOBO 3 CHILE ANCHO 4 CHILE GUAJILLO 3 GARLIC CLOVES 2 CLOVES 1 TSPN CUMIN 1 DASH VEGETABLE OIL SALT PEPPER TACOS 1 POUND PORK LOIN STEAKS ½ SLICED ONION TORTILLA TAQUERA (SMALL) ¾ DICED ONION 1 BUNCH DICED CILANTRO LIMES DICED PINEAPPLE

DIRECTIONS

1. SIMMER THE DRIED CHILES FOR 10 MIN IN WARM WATER

2. BLEND THE CHILES WITH THE GARLIC, THE CLOVES,

3. MARINATE THE MEAT WITH THE ADOBO AND THE SLICED ONION.

4. COOK THE MEAT IN A HOT PAN WITH A LITTLE BIT OF OIL.

5. PREPARE YOUR TACOS WITH THE MEAT, CILANTRO, ONION AND PINE APPLE.

6. DON'T FORGET LIME AND SALSA





MEZCAL MARGARITA

INGREDIENTS

2 OUNCES MEZCAL 1 OUNCE COINTREAU (OR ANY ORANGE LIQUEUR) ¾ OUNCE FRESHLY-SQUEEZED LIME JUICE OPTIONAL: AGAVE NECTAR OR SIMPLE SYRUP FOR SWEETENING, IF DESIRED ICE OPTIONAL: LIME WEDGE AND SALT FOR RIMMING THE GLASS

DIRECTIONS

1. IF YOU WOULD LIKE SALT-RIMMED GLASSES, BEGIN BY RUNNING A LIME SLICE (THE JUICY PART) AROUND THE TOP RIM OF A GLASS. FILL A SHALLOW BOWL WITH SALT, AND DIP THE RIM IN THE SALT UNTIL IT IS COVERED WITH YOUR DESIRED AMOUNT OF SALT. SET ASIDE.

2. ADD MEZCAL, LIME JUICE, AND COINTREAU TO A COCKTAIL SHAKER, AND SHAKE OR STIR UNTIL COMBINED. TASTE, AND IF YOU WOULD LIKE IT TO BE SWEETER (MOST PEOPLE DO!), STIR IN A HALF TEASPOON OF AGAVE OR SIMPLE SYRUP UNTIL THE MIX REACHES YOUR DESIRED LEVEL OF SWEETNESS.

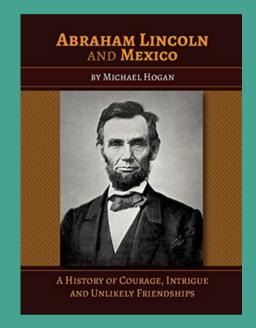
3. FILL GLASS WITH ICE. POUR IN THE MARGARITA MIXTURE OVER THE ROCKS. SERVE IMMEDIATELY, GARNISHED WITH AN EXTRA LIME WEDGE IF DESIRED.





BOOKS AND MOVIES

ABRAHAM LINCOLN AND MEXICO: A HISTORY OF COURAGE, INTRIGUE AND UNLIKELY FRIENDSHIPS BY MICHAEL HOGAN, 2016.



CINCO DE MAYO: LA BATALLA (CINCO DE MAYO: THE BATTLE) BY RAFA LARA , 2013.







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